

NAME: _____

ID #: _____

DATE ENTERED: _____

EXSS CORE

- ____ EXSS 312 Socio-cul. Dim of Phys Act (WC/SPI) 3
PreReq: Social Processes Course
- ____ EXSS 322 Anatomical Kinesiology 4
PreReq: Z 331/341; 332/342 (or concurrent)
- ____ EXSS 323 Biomech. of Spt & Ex 4
PreReq: MTH 112; PH 201; Z 331/341
- ____ EXSS 324 Exercise Physiology 4
PreReq: CH 121-123; Z 331-333
- ____ EXSS 325 Fit. Asmnt & Ex Prescript 2
PreReq: EXSS 324 (or concurrent)
- ____ EXSS 370 Psych of Spt & Ex 3
- ____ EXSS 371 Measurement in Ex & Spt Sci 4
PreReq: Jr. standing; College Algebra
- ____ EXSS 411 Mvmnt Skill Learn & Cntrl 3
PreReq: EXSS 322
- ____ EXSS 444 Adapted Physical Activity 4
PreReq: Sr. standing; EXSS 324, 411

PHYSICAL ED TEACHER ED OPTION

- ____ EXSS 131* Intro to Ex & Spt Sci 1
*Recommended, not required
- ____ EXSS 158 Care & Prevention of Spt. Injury 3
- ____ EXSS 194 Pro Act: Basic Rhythms 2
- ____ EXSS 313 Lifespan Motor Devel 4
PreReq: Jr. Standing
- ____ EXSS 353 PETE Practicum 2
PreReqs: Departmental Approval &
2.5 EXSS GPA; 2.25 Option GPA; EXSS 194;
CoReq: EXSS 360 or 420

SCIENCE & SOCIAL SCIENCE CORE

- ____ EXSS 354 PETE Practicum 2
PreReq: EXSS 353 & Dept. approval
- ____ EXSS 355 PETE Practicum 2
PreReq: EXSS 354 & Dept. approval
- ____ EXSS 360 Sport Skill Analysis (F) 2
- ____ EXSS 360 Sport Skill Analysis (W) 2
- ____ EXSS 360 Sport Skill Analysis (Sp) 2
- ____ EXSS 381 Analysis of Crit. Iss. in EXSS 3
PreReq: Jr. standing (WIC)
- ____ EXSS 394 Pro Act: Resistance Training 2
PreReq: EXSS 324
- ____ EXSS 395 Pro Act: Group Fitness 2
PreReq: EXSS 324, 325
- ____ EXSS 396 Pro Act: Aquatics 2
PreReq: PAC 250 or equivalent
- ____ EXSS 420 Physical Activity for Children 3
Prereq: Sr. standing
- ____ EXSS 421 Physical Activity for Adoles 3
Prereq: Sr. standing

SUPPORTING COURSES

- ____ PSY 350 Human Lifespan Dev. 4
PreReq: PSY 201, 202 3
- ____ OR: HDFS 311 Infant/Child Dev. (4)
& HDFS 313 Adolescent Dev. (4)
PreReq: HDFS 311
- ____ TCE 216 Purpose, Strctr & Func... 3
- ____ TCE 219 Multicultural Iss. In Ed 3
- ____ TCE 253 Learning Across Lifespan 3
*ORELA Civil Rights Exam required for
MS PETE program

- ____ CH ___ Gen. Chemistry 5
- ____ CH ___ Gen. Chemistry (PS) 5
- ____ CH ___ Gen. Chemistry (PS) 5
- ____ Z 331 Human Anat & Phys I 3
- ____ Z 341 Human A & P Lab I 2
- ____ Z 332 Human Anat & Phys II 3
- ____ Z 342 Human A & P Lab II 2
- ____ Z 333 Human Anat & Phys III 3
*must be taken in sequence
- ____ MTH 112 Elem. Functions (MTH) 4
- ____ PH 201 General Physics (PS) 5
- ____ PSY 201 General Psychology (SPI) 3

EXSS majors must maintain a minimum 2.25 option GPA, and a minimum 2.5 GPA in all EXSS prefixed courses

REQUIRED PHYSICAL ACTIVITY

- ____ PAC ___ 1 ___ PAC ___ 1
- ____ PAC ___ 1 ___ PAC ___ 1
- ____ PAC ___ 1 ___ PAC ___ 1
- ____ PAC ___ 1 ___ PAC ___ 1

BACCALAUREATE CORE REQUIREMENTS

***Perspective Categories:** No more than two courses from one department may be used to satisfy the Perspective category*

_____ WR 121 _____	3
_____ WR II _____	3
_____ WR III _____	3
_____ MTH* _____	4
_____ HHS 231 _____	2
_____ PAC or HHS LAB _____	1
_____ PHYSICAL SCIENCE* _____	5
_____ BIOLOGICAL SCIENCE _____	4
_____ PHYS or BIO SCI* _____	4/5
_____ WESTERN CULTURE* _____	3
_____ CULTURAL DIVERSITY _____	3
_____ LITERATURE & ARTS _____	3
_____ SOCIAL PROCESS* _____	3
_____ DIFF, POWER & DISCRIM _____	3

MAXIMUM S/U CREDITS:	36
<i>Courses within major MAY NOT be taken S/U</i>	

CREDITS NEEDED TO GRADUATE:	180
Upper division credits needed:	60
<i>A maximum of 11 credits PAC may be counted toward graduation</i>	

Synthesis Categories:** The two courses used to fulfill the synthesis requirements **MAY NOT be from the same department

_____ CONTEMP. GLOBAL ISS _____	3
_____ SCIENCE, TECH & SOC _____	3